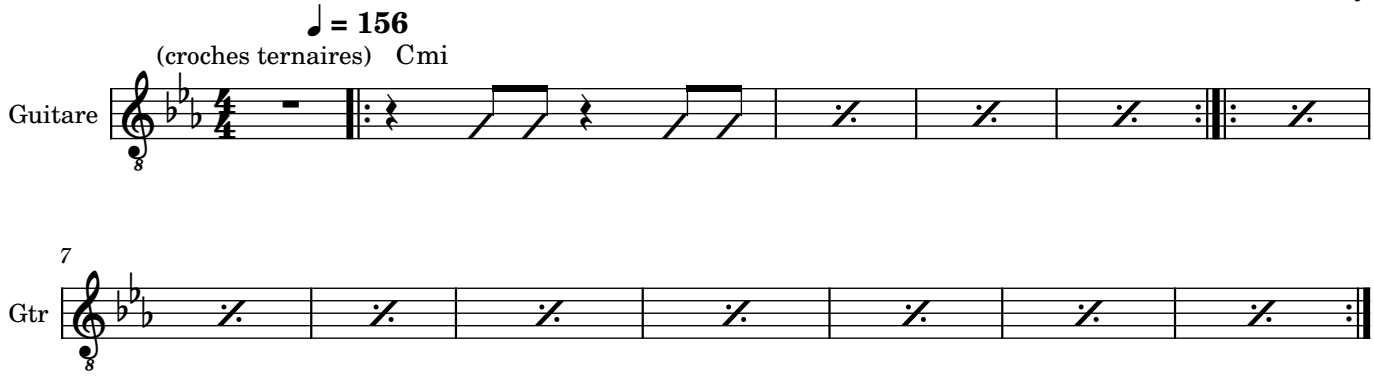
Get up stand up

Bob Marley